

Wellness Initiative for the Nation (WIN)



The purpose of the Wellness Initiative for the Nation (WIN) is to proactively prevent disease and illness, promote health and productivity, and create well-being and flourishing for the people of America. The WIN concept paper addresses strategies for creating health, saving costs, and enhancing wellness through a concerted focus on self-care, core lifestyle change and integrative health care practices.

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Legislation developed in the Patient Protection and Affordable Care Act (PPACA) based on the WIN effort has produced the National Prevention Health Promotion and Public Health Council as defined in section 4001. The purpose of the Council will be to provide coordination and leadership at the Federal level amongst all Federal departments and agencies with respect to prevention, wellness, health promotion practices, the public health system and integrative health care in the United States. To read more about the Council, click the link below.

[Download the Council document](#)⁴

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1. [daisy:505-SIIB \(WIN Updates\)](#)
 2. [daisy:507-SIIB \(About the WIN\)](#)
 3. [daisy:848-SIIB \(WIN_March_2010\)](#)
 4. [daisy:982-SIIB \(PPACA Sec 4001 Council\)](#)