

# AGENDA

## HEALTH CARE COMMUNITY DISCUSSION

DECEMBER 29, 2008, 1:00 – 3:30 PM EST, SAMUELI INSTITUTE

### Materials:

- ★ Participant Guide
- ★ Wellness Initiative for the Nation (WIN) draft summary document
- ★ Online form for submitting responses to discussion questions and survey
- ★ One-page description of the Samuelli Institute
- ★ Background documents:
  - ★ *The Health Care Delivery System: A Blueprint for Reform* (Center for American Progress, CAP)
  - ★ *Promoting prevention and preempting costs: A new wellness trust for the United States* (CAP)
  - ★ Summary of Obama-Biden health reform plan
  - ★ Summary of Daschle's Federal Health Board Plan
  - ★ *The Health Care Delivery System: A Blueprint for Reform*
  - ★ *An Unhealthy America: The Economic Burden of Chronic Disease* (Milken Institute)



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1:00 – 1:30 PM

### INTRODUCTION

- ★ Welcome and Introductions of Attendees
- ★ Explanation of Goals of the Health Care Community Discussion (see Participant Guide)
- ★ Explanation of Procedures (see below) and Ground Rules to Ensure Orderly Discussion
- ★ Procedures for submitting responses to discussion questions and survey (see below)

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1:30 – 1:45 PM

### SUMMARY OF WIN CONCEPT

- ★ Background
- ★ Overview of goals and recommendations

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1:45 – 2:30 PM

### DISCUSSION QUESTIONS FROM THE TRANSITION TEAM

*Note: We will focus on questions 1, 6 and 7 from the Participant Guide.*

1. Briefly, from your own experience, what do you perceive is the biggest problem in the health system?
  2. On page 3 of the Participant Guide, a table lists examples of the types of preventive services Americans should receive. Have you gotten the prevention you should have? If not, how can public policy help?
  3. How can public policy promote healthier lifestyles?
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2:30 – 3:15 PM

## DISCUSSION QUESTIONS RELATED TO THE WIN DOCUMENT

1. What modifications would you recommend to make the WIN more relevant to the public and to the Obama-Biden Health Care reform team?
2. WIN makes four recommendations for the Nation. They are to create:
  - a. A knowledge innovation exchange/translation program;
  - b. Professional health and wellness coaches and a health corps;
  - c. A health and wellness information toolkit; and
  - d. Economic incentives for a wellness industry.

Are there other recommendations that raise the level of general recommendations for producing health and wellness in the nation? What recommendations should be first, second, and third priority? Should some of the current recommendations be dropped?

3. By "prevention, health promotion and wellness" practices WIN specifically means comprehensive lifestyle (CLS) programs (consisting of nutrition, exercise, stress management, social integration components) and integrated health care (IHC) practices (drugless and natural products therapies). Are these adequate? How should WIN go about selecting and prioritizing which components and/or practices are addressed first?

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3:15 – 3:30 PM

## WRAP-UP

- ★ Drafting of Group Submission for Transition Health Policy Team
- ★ Review procedures for submitting responses to discussion questions and survey
- ★ Opportunity to provide edits to WIN document
- ★ Group photo
- ★ Next steps

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## MEETING PROCEDURES:

- ★ Due to logistical issues around the very large number of participants, we will need to engage telephone participants' comments and feedback electronically. **Please submit your questions by e-mail to [ghagan-brown@siib.org](mailto:ghagan-brown@siib.org).** Questions will be reviewed, collated, checked for duplicates, and prioritized by a Senior Scientist at the Samuelli Institute. We will make every effort to respond to as many of your questions as time allows.
- ★ While all participants will be able to listen to the discussion, in-person participants will be unable to hear telephone participants' comments. Please keep your phones on mute to reduce background noise.
- ★ If you have technical difficulties with the conference line, please call 703-299-4800.

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## PROCEDURE FOR SUBMITTING RESPONSES

- ★ We have established a web site through Google where all participants can directly type their responses to the discussion questions and survey: <https://spreadsheets.google.com/viewform?key=pVLA4cTxS-Z5kPLQShZRBKQ>
- ★ Your responses are critical to the formulation of our group submission on health care reform to the Transition Health Policy Team. **Please respond to the questions and take the survey on the Google site by January 5, 2009.** Results will be posted after the site is closed on January 5.
- ★ If you have questions about completing this form, please contact Matthew Fritts at [mfritts@siib.org](mailto:mfritts@siib.org) or 240-447-3364. *Thank you for your participation and efforts to help guide wellness and integrated health care practices into the next health reform effort, in support of President-elect Obama's goal to provide quality, affordable health care for all Americans!*