

**FOR IMMEDIATE RELEASE**

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**Samueli Institute Honored as one of the 2011 *Best Places to Work in Virginia***

ALEXANDRIA, Va., February 18, 2011 – Samueli Institute, a recognized leader in integrative medicine research, has recently been recognized as one of the 2011 *Best Places to Work in Virginia*, ranking 11th in the small business category.

“Samueli Institute is honored and humbled to be listed as one of the 2011 *Best Places to Work in Virginia*,” said Wayne Jonas, MD, President and CEO of Samueli Institute. “We strive to ensure that every employee is valued, that they are aware of their importance to the organization and that they are truly happy coming to work each day. To do that, we don’t just address things like the physical work environment or the amenities and benefits we offer. While important, of course, those elements are but a part of something bigger. We have a work culture that takes into account the whole person, realizing that some of the ‘things’ each employee needs are not measurable in quantifiable terms. Family, internal and external relationships, personal health and wellness, just to name a few, are all part of the ‘work/life balance’, and our culture reflects that.”

The annual list of “Best Places to Work” was created by *Virginia Business* and Best Companies Group. The program was designed to identify, recognize and honor the best places of employment in Virginia, benefiting the state’s economy, its work force and businesses. The *Best Places to Work in Virginia* list is made up of a total of 50 companies, split into three groups: small employers (fewer than 100 employees), mid-sized employers (100-250 employees) and large-sized employers (more than 250 employees).

Organizations from across the state entered the two-part survey process to determine the *Best Places to Work in Virginia*. The first part consisted of evaluating each nominated company’s workplace policies, practices, philosophy, systems and demographics. The second part consisted of an employee survey to measure the employee experience. The combined scores determined the top organizations and the final ranking. Best Companies Group managed the overall registration, survey and analysis process and determined the final rankings.

The ranking of the *Best Places to Work in Virginia* is published in the February 2011 issue of *Virginia Business*. Visit [www.VirginiaBusiness.com](http://www.VirginiaBusiness.com) or click [here](#) for both the ranking and the complete article.

**About Samueli Institute**

Samueli Institute is a non-profit 501(c)(3) research organization supporting the scientific investigation of healing processes and their role in medicine and health care. Founded in 2001, the Institute is advancing the science of healing worldwide. Samueli Institute’s research domains include integrative medicine, optimal healing environments, the role of the mind in healing, behavioral medicine, health care policy, and military and veterans health care. Our mission is to transform health care through the scientific exploration of healing. More information can be found at [www.SamueliInstitute.org](http://www.SamueliInstitute.org)

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